

explore...

lasting relationships and marriage

Explore the secrets of relationship success



Research shows that the 3 most important things to help you NOT TO REOFFEND after release are:

- 1) a place to live
- 2) a job
- 3) **a stable relationship**

Explore the secrets of relationship success

Explore is a registered educational charity that works in prisons providing workshops that can help you to understand how to build a stable and lasting relationship.

Explore workshops:

- enable you to find out how others deal with relationship problems
- give you the opportunity to discuss relationship issues with couples
- are run by an outside independent charity
- and everything remains confidential
- requires no commitment from you
- but you lead the discussion
- enable you to discuss issues such as trust, communication, arguments, disagreements, family influences, children and forced separation.



Find out more from:

www.theexploreeexperience.co.uk