

explore...

lasting relationships and marriage

ARE YOU LOOKING FOR AN EFFECTIVE WAY TO DELIVER RELATIONSHIP SKILLS EDUCATION?

HOW IMPORTANT IS IT TO EDUCATE THE WHOLE PERSON?

Every educational body from the Department of Education to County Councils to individual schools are searching for new and effective ways to deliver "relationships education" as part of the objective of educating the whole person. Every educationalist and tutor, involved in teaching the PSHE/Citizenship or RE programme, is very conscious of the importance of social relationships skills, life skills and emotional literacy in the development of our young people into rounded individuals.

In schools today the impact of family breakdown cannot be escaped. It is sometimes evidenced in deteriorating behaviour, attitude and achievement. Many hours are spent every week by schools - dealing with the fallout from negative family situations and seeking a more long-term proactive programme in "Relationship and Family" to try to help educate students to deal better with personal relationships and family life in the future. There is



AN OPPORTUNITY FOR LEARNING

An exciting opportunity for active learning to enhance the work of 13 to 18 year-olds in RE, PSHE and Citizenship.

Explore is an educational charity that works with educationalists bringing students together with married couples for either a series of structured weekly workshops/ class sessions or a one-off event – a half day conference – lasting 3 or 4 hours involving a Year group.

The unique methodology of Explore enables the students to control the dialogue and study the relationship placed under scrutiny by the couple. The process is facilitated by Explore's trained adviser-coaches to enable the young people to engage openly and productively with the couples and reach positive conclusions for themselves without any outside influence on their thinking. At the end of the process, every student will have considered and identified elements that are vital for the success of a long-term, committed relationship.

DOES IT WORK?

Explore has worked with 31,500 young people in over 150 schools across the country since 2000. The vast majority [93%] of young people who have participated in Explore events rate them very highly. They particularly like the methodology that allows them to lead their agenda. They are able to ask questions freely and take a dialogue in the direction that they desire. The Explore learning method was independently evaluated by the Tavistock Centre for Couple Relationships and the report concludes favourably that Explore achieves its aims; that the young people rate the experience very highly with a safe and positive learning environment being created at workshops and conferences.



Of course, there are many more questions to be answered about how an Explore event works. Some can be answered by visiting the Explore website on

www.theexploreexperience.co.uk

This website will provide the opportunity to read numerous comments and references from schools and participants. And why not meet with representatives of Explore who can be contacted at:

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